



LUNCH MENU

Monday - Saturday 11:30 am - 2:30pm

Ph: 09-533-9568

87 Picton St., Howick

www.benjarong.co.nz | Email: benjaronghowick@hotmail.com

Fully Licensed and BYO Wine

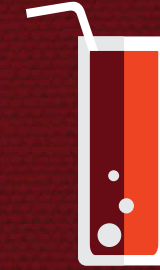
LUNCH SPECIAL

Choose any dish from the lunch menu and add a glass of house wine or a cold drink.



with a glass of House Wine
add 5.00

House White Wine
House Red Wine



with a glass of Cold Drink
add 3.50

Coke | Diet Coke | Coke Zero | Sprite
Orange Juice | Apple Juice
Pineapple Juice | Tomato Juice



L1 CHICKEN or BEEF SATAY with Thai Fried Rice 21.00
Chicken satay on skewers or marinated beef satay slices served with delicious Thai vegetarian egg fried-rice and topped with peanut satay sauce.

L2 COMBINATION THAI ENTRÉE MEAL 21.50
A bit of everything, combination of spring roll, curry puff, chicken on toast, chicken and beef satay with peanut satay sauce, served with salad and jasmine rice.



L3 PRARAM
Chicken | Beef | Pork | Tofu | Vegetables Only 21.00
Stir-fried seasonal vegetables, your choice of meat, soya bean paste, topped with peanut satay sauce and served with jasmine rice.

L4 BANGKOK DELIGHTS
Chicken | Beef | Pork | Tofu 21.50 **Prawns** 22.00
Our most popular dish, stir-fried dish with vegetables and your choice of meat, topped with cashew nuts and served with jasmine rice and vegetarian Thai spring roll.



L5 PAD THAI NOODLES GF
Chicken | Tofu 21.00 **Prawns** 21.50
Traditional Thai stir-fried rice noodles with eggs, bean sprout, chopped peanuts, spring onion and your choice of meat.

L6 BENJARONG CLASSIC GF Mild
Chicken | Beef | Pork 21.00
Classic meaty panang curry with chicken, beef or pork slices with jasmine rice. Served with side of crispy deep-fried broccoli (Side not gluten free)



L7 STIR-FRY with OYSTER SAUCE GF
Chicken | Beef | Pork | Tofu 21.00
Delicious stir-fried dish with vegetables and your choice of meat, sautéed with special oyster-flavoured sauce, served with jasmine rice.

L8 KANG SCALLOPS or PRAWNS GF Mild 21.50
Choice of prawns or scallops in red and panang curry sauce with pineapple and carrots. Served with jasmine rice.



L9 PAD KAPAO GF Mild-Med
Chicken | Beef | Pork | Tofu | Vegetables Only 21.00
Spicy stir-fried dish with chilli-basil sauce, vegetables and your choice of meat. Served with jasmine rice.

L10 THAI RED CURRY GF Mild
Chicken | Beef | Pork | Tofu (Vegetarian) 21.00
Vegetables with Vegan Sauce 21.00 **Prawns** 21.50
Our famous Thai red curry with vegetables and your choice of meat, served with jasmine rice.



L11 THAI GREEN CURRY GF Mild
Chicken | Beef | Pork | Tofu (Vegetarian) 21.00
Vegetables with Vegan Sauce 21.00 **Prawns** 21.50
Our famous Thai green curry with vegetables and your choice of meat, served with jasmine rice.

L12 THAI SWEET & SOUR GF
Chicken | Beef | Pork | Tofu (Vegetarian) 21.00
Vegetables with Vegan Sauce 21.00 **Fish | Prawns** 21.50
Stir-fried dish with vegetables and your choice of meat in traditional Thai sweet and sour sauce and served with jasmine rice.



L13 MUSSAMUN CURRY GF Mild
Beef | Chicken 21.00 **Lamb** 21.50
Marinated lamb or beef cuts or chicken slices in mussamun curry sauce, coconut milk and potatoes. Served with jasmine rice.

L14 STIR-FRY with GINGER
Chicken | Beef | Pork | Tofu | Vegetables Only 21.00
Fish | Prawns 21.50
Stir-fried dish with ginger, soya bean paste, seasonal vegetables and your choice of meat, served with jasmine rice.



L15 TOM YUM SOUP with NOODLES GF Mild
Chicken | Tofu | Vegetables Only 21.00 **Prawns** 21.50
Vegan Soup 21.00
Warm and sour soup with vegetables, chilli, rice-noodles, coconut milk and chopped peanuts.

L16 NOODLE DUCK 22.00
Stir-fried egg-noodles with roasted duck slices, egg, vegetables and spring onions.

